



Have fun learning and playing  
with your preschooler!

## Activity

### Helpers

#### What You Need

Preschool appropriate cleaning supplies

#### What You Do

Invite your child to be helpers and help clean up. Work together with your child to sweep, dust, and put away the toys.

#### What You Say

Say, "Today, we learned that God made us to help others. That's a BIG thing God made us to do! And there are lots of ways we can help. In fact, I need a little help right now. Can you help me? Great! Here is a rag. Let's clean the counter together. Thank you so much for helping me. Can you help me put the toys away? Let's sing a song while we do it. Awesome! The toys are put away. Thank you for helping me. *(Continue as long as there is interest being sure to thank your child for helping after each activity.)*

"Wow! Great job helping today! God made us to do big things like help others! **Who made you to do big things? God made me to do big things.**"

### Bible Story

David Helps Mephibosheth  
(1 Samuel 20:14-17;  
2 Samuel 9:1-13)

### Remember This

"Be strong and courageous.  
Do not be afraid . . . for the Lord  
your God goes with you."  
Deuteronomy 31:6, NIV

### Say This

Who made you to  
do big things?  
God made me to  
do big things.

## Prayer

Dear God, thank You for making each one of us here so very special. You love us very much. Remind us that You are with us and that You made us to do big things like help others! Thank You for sending Jesus to be our friend forever. We love You. In Jesus' name we pray, amen.

Use this guide to help your family learn what God has to say about individuality.



First, watch  
this week's  
video!

**Individuality:  
Discovering  
who you're  
meant to be so  
you can make  
a difference**

### Memory Verse

How you made me is amazing and wonderful. I praise you for that. What you have done is wonderful. I know that very well.  
Psalm 139:14, NIV

### Bible Story

Timothy  
1 Timothy 4:12  
(supporting: Acts 14-17; 1 Timothy 4:14; 1 Corinthians 4:17; 16:10)

### Bottom Line

You can make a difference right now.

## Activity

### Can or Can't?

#### What You Need:

Towel

#### What You Do:

Roll a towel into a skinny line. Have your child stand at the end of the towel. Choose one side to be the "Yes, I can side." Choose the other side to be the "No, I can't" side. Read out the following list of situations and have your child jump from side to side, indicating whether or not it's a task they can do at their current age.

- ride a bike
- drive a car
- tie your shoes
- have a tablet
- have a phone
- order a kid's meal at a restaurant
- order from the adult menu at a restaurant stay up later on weekends
- stay up as late as you want, whenever you want
- pack your own lunch
- have candy without asking an adult stay home alone for an hour
- stay home alone overnight
- ride your bike to a friend's house
- go to school
- get a job



## Talk About the Bible Story

What were Timothy's gifts and how did he use them? (*Speaking, teaching, encouraging others; he helped others know who Jesus is*)

You may not be able to do all the things you want to do right now. But there are some things you can do to help others. What are some ways that you can help others right now?

How can you make a difference at home? (*Not fighting with siblings, helping with chores, helping younger siblings with homework, drawing pictures or making something for someone who's stressed*)

How can you make a difference at school? (*Don't join the class in bad behavior when the teacher steps out, help others with hard work, be patient and kind, don't hog the ball at gym or recess, use encouraging words, etc.*)

Make a list of a few ways your child can help at school and home this week.

## Prayer

Use this prayer as a guide, either after talking about the Bible story or sometime before bed tonight:

"Dear God, thank You for making us with our own individuality and our own special gifts. Thank You for giving us opportunities to love and serve others, even when we're young. Please show us the ways we can make a difference this week. We love You, and we pray these things in Jesus' name. Amen."

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**Individuality:**  
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### Key Question

How can you make a difference right now?

## Activity

**Who, Where, How?**

### What You Need:

Index cards or scraps of paper, three bowls (or jars), three pieces of paper that you can use to label the bowls

### What You Do:

Label the three bowls: "WHO," "HOW," "WHERE."

Ask your child to think of a few places they go throughout the week, to write each place on an index card, and then place those cards in the "WHERE" bowl.

Then ask your child to think of a few people they know, to write each person's name (and their title, like "mom," "teacher," "coach," etc.) on an index card, and then place those cards in the "WHO" bowl.

Finally, ask your child to think of a few skills or traits they have (or things they enjoy doing), to write each skill or trait on an index card, and then place those cards in the "HOW" bowl.

When each bowl has a few index cards in it, instruct your child to take one card from each bowl. Give them time to brainstorm HOW they could use the gift/skill/trait they drew to make a difference in the life of WHO they drew . . . OR how they could use that gift/skill/trait to make a difference in the location (WHERE) they drew . . . OR how they might be able to combine all three! Discuss the examples your child comes up with. Ask them what could happen if they chose to make a difference in the way they described.

## Talk About the Bible Story

Thinking about our Bible story, what were Timothy's gifts and how did he use them? (*What gifts would someone need to do what he did?*)

You may not be able to do all the things you want to do right now. But there are some things you can do to help others. What are some ways that you can help others right now?

*Parent: Share about a time when you recently made a difference at home, at work, or in your community. Did you help create peace between people? Did you help someone who needed it? Or share about a time when someone made a difference for YOU (especially if it was someone young).*

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