

ABIDE GUIDE

Welcome to the Abide Guide! Over the next 21 days, it is our prayer that the Lord will use this guide in a significant way as you study the scriptures provided.

We can read our Bibles every day but not really understand what God is saying and how it applies to us. Knowing the “how” of Bible reading allows us to GROW in loving Jesus and becoming more like Him.

That’s why we use the **REAP Method** of Bible reading along with the spiritual discipline of silence and solitude by starting and ending each time in God’s Word with 2 minutes of silence. We want to build healthy rhythms. It’s not easy, but just like it says in **Hebrews 12:11**:

No discipline seems pleasant at the time, but painful. Later on, however, it produces a harvest of righteousness and peace for those who have been trained by it.

This may be a fairly new method for some of you. We have provided an outline and example of the **REAP** process below. As you read each day, take your Bible and journal and highlight these verses. Yes, you can write in your Bible. Underline. Use Post-It notes. Write in the margins. Whatever works for you!

REAP METHOD

Begin with 2 minutes of silence and stillness before God. Ask God to reveal Himself to you, to open your heart and eyes to His Word. Ask Him for a desire for His Word and to be fully satisfied in Him.

READ: What does God say?

What is happening in this passage? What do you see about God? What do you see about man?

EXAMINE: What does God mean?

What jumps out to you? Who is it written by? Who is it written to? What’s one thing you didn’t notice before? What seems interesting or unusual? What comes before and after the text? Is there repetition, comparison, or contrast?

APPLY: What does God want us to do about it?

What truths do you need to believe? What false beliefs must you turn from? How do you need to repent? What can you do – empowered by the Holy Spirit – today to apply this passage?

PRAY: Respond to God’s Word with His words in your words. Pray through the scriptures.

EXAMPLE OF REAP METHOD

Begin with 2 minutes of silence and stillness before God.

Read: (What does God say?)

And let us consider how to stir up one another to love and good works, not neglecting to meet together, as is the habit of some, but encouraging one another, and all the more as you see the Day drawing near. **Hebrews 10:24-25**

Examine: (What does God mean?)

The context of Hebrews is to encourage believers not to give up on their faith. There is much evidence in this book that Jesus is who He says He is and that He IS the plan for salvation. This verse encourages us to look at what's happening in our lives, not with fear or doubt, but with confidence in Jesus, and look to encourage fellow believers to do the same. We are also called to respond to our faith with love for others and good works. And, it's so important to not neglect gathering together with other believers. This is in the context of all relationships, especially attending church. The word neglect can also be translated as "abandoning." We don't want to abandon being with other believers. The word DAY in verse 25 is the day of Christ's return.

Apply: (What does God want us to do about it?)

Encourage other believers. Everyone needs to be encouraged. Look for people at church that you may build up with the truth of God's word. Use the gifts that God has given the church to build relationships (serving and Community Groups AND the people God brings us just through the gathering of church).

Pray: (How does God want us to respond? Pray through the scriptures.)

Father, by the power of your Spirit, give me opportunities to encourage my brothers and sisters in Christ. Build new relationships within the body of the church and strengthen the ones I already have. Remind me weekly of the importance of gathering together. Help me see the church as a gift you have given me and not an obligation to check off.

Conclude with 2 minutes of silence and stillness before God.

Now it's your turn to journal and **REAP** the verses provided for the next 21 days. We encourage you to continue this method long after **ABIDE** ends.

SCRIPTURES

- ☐ Day 1 - Monday, January 15 - John 15:1-12
- ☐ Day 2 - Tuesday, January 16 - Matthew 6:16-18
- ☐ Day 3 - Wednesday, January 17 - Matthew 6:5-6
- ☐ Day 4 - Thursday, January 18 - 2 Timothy 3:16-17
- ☐ Day 5 - Friday, January 19 - Psalm 119:1-8
- ☐ Day 6 - Saturday, January 20 - Psalm 119:9-16
- ☐ Day 7 - Sunday, January 21 - Ephesians 2:1-10
- ☐ Day 8 - Monday, January 22 - 1 Timothy 4:7-8
- ☐ Day 9 - Tuesday, January 23 - Hebrews 4:12
- ☐ Day 10 - Wednesday, January 24 - Joshua 1:8
- ☐ Day 11 - Thursday, January 25 - Jeremiah 15:16
- ☐ Day 12 - Friday, January 26 - Psalm 1:1-2
- ☐ Day 13 - Saturday, January 27 - 1 Thessalonians 5:16-18
- ☐ Day 14 - Sunday, January 28 - 1 Chronicles 16:29
- ☐ Day 15 - Monday, January 29 - Philippians 4:8
- ☐ Day 16 - Tuesday, January 30 - Romans 12:1-2
- ☐ Day 17 - Wednesday, January 31 - Ephesians 6:10-20
- ☐ Day 18 - Thursday, February 1 - James 1:2-7
- ☐ Day 19 - Friday, February 2 - Matthew 4:1-11
- ☐ Day 20 - Saturday, February 3 - Psalm 100
- ☐ Day 21 - Sunday, February 4 - Galatians 2:20